

Redefining “Doing Everything”: Navigating Through Complex Decisions for Very Sick Children

WORKSHOP SCHEDULE

Time	Session / Topic	Speaker
08:30 – 09:00	Registration & Welcome Tea	
09:00 – 09:15	Opening & Introductions Faculty: Welcome remarks- Dr Gayatri Palat/ Dr Veronique Dinand/ (Dr Ramesh Dampuri) Brief overview of workshop aims, structure, and expected outcomes- Dr Gayatri Palat/ Dr Veronique Dinand Participant introductions (quick round)- Dr Anuradha Sudhir/ Dr Archana Iyengar/ Dr Manasi Patil	
09:15 – 10:00	Session 1: Understanding Limits of Care- “When to say enough?” Method: Session – Dr Megan Doherty, Dr Archana Iyengar, Dr Manasi Patil Moderator: Dr Smriti Khanna Faculty: What are non-escalation, DNAR, and de-escalation Difference between DNE and DNAR When and how decisions are considered in Pediatrics Concept of futility	
10:00 – 10:45	Session 2: Ethical, Clinical & Legal Framework for shared Decision Making in futile situations/ EOLC/serious illnesses Panel discussion: National vs International situations and perspectives Joan Marston, Julia Downing, Rima Saad, Gayatri Palat, Veronique Dinand, Amelia Micheal Moderator: Spandana Rayala Faculty: Navigating prognostic uncertainty Forming decisions with the multidisciplinary team and the family Ethical principles at end-of-life Medico-legal safety and documentation essentials	
10:45 – 11:00	Tea Break	
11:00 – 12:45	Session 3: Communication With Families Method: Demonstration + Role-play practice Scenario 1: Breaking Bad News Faculty: Joan Marston, Mohammad Ishak Tayoob, Vineela, Manjusha Nair Conducting structured family meetings Communicating poor prognosis Getting all caregivers and extended family aligned Handling conflict, denial, ambiguity Scenario 2: Advanced care planning Faculty: Camara Van Breemen, Smriti Khanna, Spandana Rayala, Savio Ponnachan Define Advance Care Planning Preparing families for choices: escalation vs. DNAR/DNE/comfort care Deciding place of care Explaining home-care plan	
12:45 – 13:30	Lunch Break	

Redefining “Doing Everything”: Navigating Through Complex Decisions for Very Sick Children

WORKSHOP SCHEDULE

Time	Session / Topic	Speaker
13:30 – 14:30	Session 4: Legal and ethical requirements for safe documentation while dealing with a seriously-ill child Method: Hands-on activity – Participants fill sample DNAR/DNE forms Faculty: Manasi Patil, Smriti Khanna, Krithika Rao, Archana Iyengar How to draft and update DNE/DNAR orders Documentation templates, legal wording When decisions must be revisited Mock DNAR/DNE form Sample comfort-care prescription Home-care checklist Advance Directive template	
14.30 –15:15	Session 5: Choosing Place of Care – Hospital, Home, or Hospice Method: Panel/ case-based discussions Faculty: Jagdeeshwar Reddy, Julia Downing, RameshDampuri, Gayatri Palat, Veronique Dinand Moderator: Mohammad Ishak Tayoob Criteria for place-of-care decisions Home-based EOL care: equipment, medications, safety Hospice options and referral Coordination with local physicians	
15:15 – 16:00	Session 6: Symptom Management at End-of-Life Method: PPT + quick prescription exercise Faculty: G. Hariprasad, Megan Doherty, Anuradha Sudhir, Mohammad Ishak Tayoob, Anh Thu Nguyen Thi Pharmacological & non-pharmacological comfort measures Role of morphine and benzodiazepines Managing pain, dyspnoea, delirium, seizures and excessive secretions Method: PPT + quick prescription exercise	
16:00 – 16:15	Tea Break	
16:15 – 17:00	Session 7: Nursing Care, Comfort, and Memory-Making Method: Demonstration + small-group planning activity Moderator: Camara Van Breemen Faculty: Rima Saad, Arunya Madduri, Swaroop Immaraju, AshishTelgote Teaching families how to care for the dying child Creating a safe and meaningful environment Wish-fulfillment and memory-making activities	
17:00 – 17:15	Closing, Key Takeaways & Feedback Collection Summary of learning points- Dr Gayatri Palat, Ramesh Dampuri Distribution of resource materials (PPTs, articles, brochures) Feedback forms Certificate information	

